

GP BULLETIN: A NEWSLETTER FOR GPs BY HEALTHWAY MEDICAL



NO MOTION, NO LIFE

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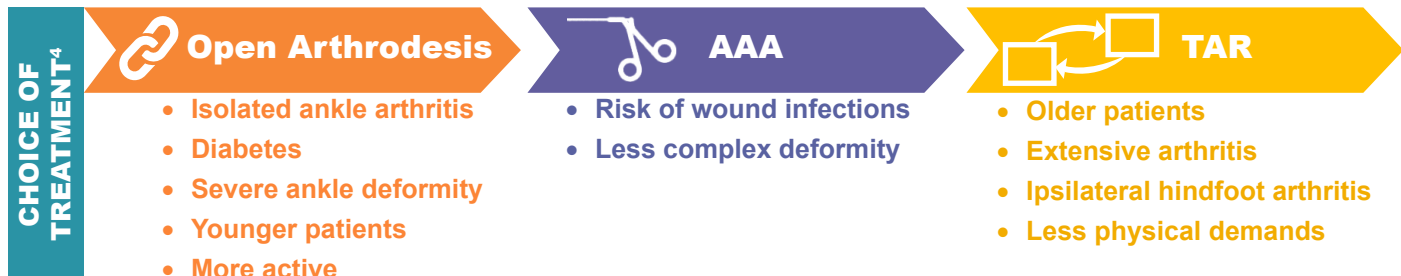
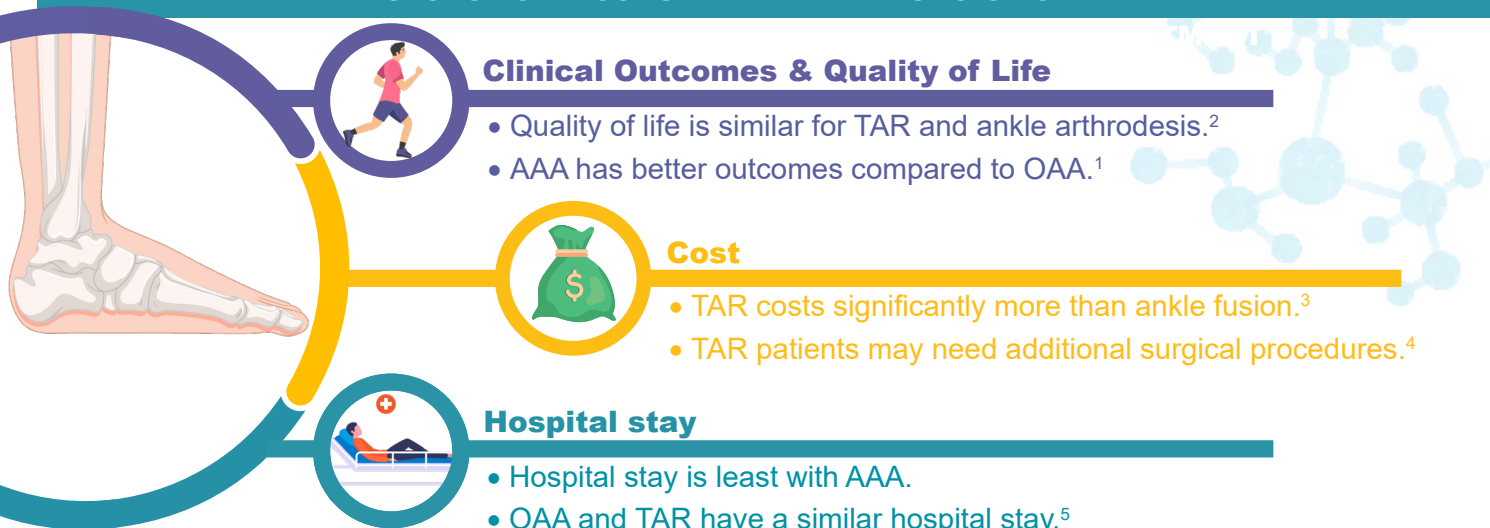
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End-stage ankle arthritis is associated with considerable pain, disability and functional limitations. Management options for ankle arthritis without deformity are total ankle replacement (TAR), open ankle arthrodesis (OAA) and arthroscopic ankle arthrodesis (AAA).¹

FACTORS TO BE CONSIDERED IN THE CHOICE OF TREATMENT



Key messages:

- End-stage ankle arthritis is a debilitating condition which can be managed effectively by various surgical treatments.¹
- Patient selection based on existing deformities is the key to good clinical outcomes and patient satisfaction.⁴

References

1. Townshend D, Di Silvestro M, Krause F, et al. Arthroscopic versus open ankle arthrodesis: a multicenter comparative case series. *JBJS*. 2013 Jan 16;95(2):98-102; 2. Slobogean GP, Younger A, Apostle KL, et al. Preference-based quality of life of end-stage ankle arthritis treated with arthroplasty or arthrodesis. *Foot Ankle Int*. 2010 Jul;31(7):563-6; 3. Courville XF, Hecht PJ, Tosteson AN. Is total ankle arthroplasty a cost-effective alternative to ankle fusion? *Clin Orthop Relat Res*. 2011 Jun;469(6):1721-7; 4. Veljkovic AN, Daniels TR, Glazebrook MA, et al. Outcomes of total ankle replacement, arthroscopic ankle arthrodesis, and open ankle arthrodesis for isolated non-deformed end-stage ankle arthritis *JBJS*. 2019 Sep 4;101(17):1523-9; 5. Pakzad H, Thevendran G, Penner MJ, et al. Factors associated with longer length of hospital stay after primary elective ankle surgery for end-stage ankle arthritis. *JBJS*. 2014 Jan 1;96(1):32-9.

Strictly for health care professionals only. Full prescribing information is available upon request.

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